

PRIVACY POLICY AND DECLARATION OF CONSENT TO PROCESSING PERSONAL DATA

All personal data will be processed in accordance with the applicable legislation regarding the processing of personal data, namely Regulation (EU) 2016/679 of the European Parliament and of the Council of 27 April 2016 on the protection of individuals with regard to respect to the processing of personal data and the free movement of such data and which repeals Directive 95/46 / EC (General Data Protection Regulation).

1. Responsible for the processing of personal data

Constantely Spring, headquartered at Rua António Feliciano Castilho, 36, Loja 2-2790-307 Queijas, Portugal, registered at the Commercial Registry Office under the unique registration number and legal person number 514844795, Sociedade Unipessoal that provides Consulting services for business and Corporate management is responsible for data processing.

2. Purpose of the processing of personal data

- a. The Provision of Consulting Services for Business and Corporate Management
- b. Provision of subcontracted Coaching and Occupational Therapy Services

The personal data collected will be processed for the performance of the services contracted by the data holder to Constantely Spring, which include conducting sessions, in person or online, of coaching, consulting, lectures, workshops or occupational therapy sessions, as well as for the respective billing process for these services, their treatment being lawful and strictly necessary for the purpose for which it is intended, based on art. 6 (1) (b) of the GDPR.

c. Data for the purpose of disseminating and promoting services

The personal data collected will be treated by Constantely Spring for the purposes of disseminating, promoting, communicating and information about Constantely Spring services and products through explicit consent given by the data subject for the processing of data for this purpose, indicated at the end of this form, based on art. 6 (1) (a) of the GDPR.

3. Data Collection Process

Personal data will be provided by the personal data holder by filling in the form on the Constantely Spring website, or by sending an email to Constantely Spring, or on the landing pages, or to participate in events on Facebook, Instagram, Telegram and LinkedIn from Constantely Spring.

4. Recipients of personal data

Internal and external personnel authorized by Constantely Spring. The personal data collected will not be sent to third countries or international organizations, nor will it be processed for automated individual decisions.

5. Categories of personal data processed

Os seguintes dados pessoais serão recolhidos e processados:

Nome, e-mail, número de telefone e/ou telemóvel, morada, data de nascimento e número de identificação fiscal.

6. Period of retention of personal data

The personal data collected will be retained as long as the provision of Consulting services for business and Corporate Management, Coaching and Occupational Therapy and for the purpose of disseminating and promoting services remains up to 7 years after the contractual relationship ends, being destroyed after this period.

7. How do we keep your personal data safe?

Although data transmission over the internet or websites cannot guarantee complete security against intrusions, we and our service providers and business partners strive to implement and maintain physical, electronic and procedural security measures designed to protect your customers' personal data in accordance with the applicable data protection requirements.

8. Partners or associate links

When you click on a link on our website, from a partner or associate, you can be directed away from our website. We are not responsible for the privacy practices of other sites and encourage you to read their privacy statements.

9. How can the holder of personal data exercise his rights?

The data collected for the provision of Consulting services for business and Corporate management and Coaching and Occupational Therapy are strictly necessary for the provision of requested services.

When selecting this option, I give my free and informed consent for the use of my personal data for the purposes of disseminating and promoting Constantly Spring services, and at any time I can withdraw my consent, without compromising the lawfulness of the treatment carried out with based on the consent previously given. After withdrawing consent, the data subject will no longer be contacted and receive communications for the purposes described in this Privacy Policy.

The holder of personal data has the right to access his data, as well as the right to rectify inaccurate or incomplete data. You also have the right to delete your personal data (with some limitations provided for in article 17, (3) of the GDPR) and the right to limit the processing of data.

The data subject can contact the data controller to exercise their rights, as well as for any data protection issues, by sending an email to info@constantlyspring.com or by registered letter to Constantly Spring to Rua António Feliciano Castilho, nº 36, Loja 2-2790-307 Queijas.

10. Complaint with the National Data Protection Commission

If the holder of personal data considers that any wrongdoing has been committed in the processing of his personal data under Regulation (EU) 2016/679, he has the right at any time to complain to the National Data Protection Commission www.cnpd.pt.

Changing the Privacy Policy We reserve the right to modify this privacy policy at any time. The effects will take effect immediately, after its publication on the website, with the necessary changes.